

令和8年度 柔道夏期講習会第1部要項

2026 KODOKAN SUMMER COURSE I

"Kata, Lecture and others"

- 1. Objective** The main content of "Summer Course I" is Kata which should be mastered by dan holders and is also an important requirement for dan promotion. Therefore, this is a meaningful course for dan holders including Judo instructors. Participants perform Kata on the last day, and good performers will be awarded diploma.

- 2. Date** From July 11 (Sat) to July18 (Sat) for 8 days

- 3. Subjects** Lecture(1 hour) and Seiryoku Zenyo Kokumin Taiiku (1 hour)
Itsutsu no Kata (2 hours)
Nage no Kata (4.5 hours)
Katame no Kata (4.5 hours)
Kime no Kata (4.5 hours)
Ju no Kata (4.5 hours)
Kodokan Goshin-jutsu (4.5 hours)
Koshiki no Kata (4.5 hours)
Kata Performance (4 hours)

- 4. Instructors** Yoshihisa Doba 8th Dan, Director of Education & Instruction Department
And other Kodokan Instructors

- 5. Eligibility** 1st dan or above for Men and Women
Please ask Education & Instruction Department about the possibility of acceptance if you don't meet the above requirement. All participants must be members of
Kodokan.(Membership fee 8,000JPY)

- 6. Fee** 22,000 JPY
Payment should be completed in advance.

- 7. Insurance** Kodokan does not provide any type of insurance. You are required to take out adequate

insurance before leaving your home country. Kodokan will not be responsible for any injury or loss or damage to your property.

8. Others

(1) Participants are required to show their Kodokan membership cards at the reception counter in order to check attendance every day.
(2) Kodokan can't be a sponsor for any visa application.

9. Application form

Link: [Summer-seminar-application-form](#)
All fields followed by an asterisk must be filled in.

10. Eligibility of Kata

Nage no kata & Katame no kata: Sho dan
Ju no kata, Kime no kata & Kodokan goshinjutsu: San dan
Itsutsu no kata & Koshiki no kata: Roku dan

SCHEDULE

9:30	12:00		14:00	16:00
July 11 (Sat)	Opening	Lecture and Seiryoku Zenyo Kokumin Taiiku	Lunch Break	Itsutsu no Kata
July 12 (Sun)	Nage no Kata			Nage no Kata
July 13 (Mon)	Katame no Kata			Katame no Kata
July 14 (Tue)	Kime no Kata			Kime no Kata
July 15 (Wed)	Ju no Kata			Ju no Kata
July 16 (Thu)	Kodokan Goshin-jutsu			Kodokan Goshin-jutsu
July 17 (Fri)	Koshiki no Kata			Koshiki no Kata
July 18 (Sat)	Performance		Performance	Closing

Kata Paformance, deadline for application: July 3 at noon